

MEDICINAL PLANT ACTIONS

Excerpts from the Full Book: Medicinal Plants Starting with *C* and *D*

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Introduction

Medicinal plants are now becoming more widely used by people all over the world. People understand the gentle strength of these natural remedies. Doctors and scientists are validating the wisdom of traditional use. Although a few of the remedies are strong, all can be used safely and without the side effects of drugs. Furthermore, these natural remedies can be used to cure problems rather than just mask symptoms.

Much of the information about medicinal plants is in the form of their actions. Rather than saying a plant is used for insomnia, many references will state that it has the action “sedative” or “hypnotic”. Properties and actions of medicinal plants describe the action of the plant on the body. Definitions of these actions and properties can be found in a companion volume entitled *Herbal Property Dictionary*.

In natural medicine, medicinal plants are often chosen to balance a person. There is usually a long list of plants available for a specific symptom. To find the best plant on the list, certain desired properties are needed. For instance, suppose the problem is a headache. If the person is overly warm and over-stimulated, a cooling, sedative medicinal plant is chosen. If there is nervous agitation and a headache, a nervine tonic action will be desired from those medicinal plants which are also helpful with headaches.

One of my goals in compiling this guide is to find what I call “cross-cultural convergence”. This is where the same action is found in different cultures for the same medicinal plant. For instance, hops is noted to have the action “sedative” by fourteen authors with information from Amsterdam, America, Germany, Nepal, England and Native American traditions.

The use of hops in such diverse cultures suggests that hops is indeed effective as a sedative. In this guide there are numbers in parenthesis, which indicate the number of agreeing references. Where there is a higher number in parenthesis, there is more agreement as to the actions of a remedy. Remedies without numbers of references may also have the desired action. I have tried to choose my references to eliminate duplication of information.

Doctors will find this reference invaluable for finding medicinal plants with the actions desired. Schools and Universities will find it a valuable text on medicinal plant actions. Libraries and researchers will find unique knowledge listed here. Pharmacists and pharmaceutical companies can find medicinal plants with their pattern of actions. Herbalists will find this information valuable.

This volume lists over 100 of the 711 medicinal plants in the full book, and lists their actions. If there is much agreement about the actions of a remedy, I include a section with the more important actions. I find that a picture of the remedy often emerges when I read the actions. This allows a comparison between the symptom pattern of a person and the action pattern of a remedy. The common name of the plant is followed by other names to help identify the plant. Names from various countries and the botanical names are listed when available.

This volume is based upon the extensive database, *Natural Healing Solutions*, available from LifeLong Press at the above website. There are about 20,000 footnotes associated with this information. A list of references is included. Please refer to the database for the individual footnotes. This volume would become unwieldy and unreadable with the footnotes included in this text.

Cacao

CACAO is known by the following names: Cacao, Cacao - Dominican Republic, Cacao Criollo - Dominican Republic, Cacao Forastero - Dominican Republic, Cacaoyer - Haiti, Chocolate, Chocolate Tree, Kakao - Japan, Sterculiaceae Family and Theobroma Cacao.

CACAO is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(3) and Antiseptic(2).

CACAO is noted to have the following actions and properties: Emmenagogue, Emollient, Nutrient, Oxytocic, Parasiticide and Poisonous.

Cajeput Oil

CAJEPUT OIL is known by the following names: Cajeput, Cajeput Oil, Cajeput Tree - India, Cayeput - Haiti, Kajeput - Turkey, Kayupute, Melaleuca Leucadendron, Melaleuca Leucodendron and Myrtaceae Family.

CAJEPUT OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antiseptic(4), Vermifuge(4), Carminative(3), Parasiticide(2) and Stimulant(2).

CAJEPUT OIL is noted to have the following actions and properties: Analgesic, Analgesic - External, Antimicrobial, Antineuralgic, Antiseptic - Intestinal, Antiseptic - Pulmonary, Antiseptic - Urinary, Antispasmodic, Astringent, Calmative, Cicatrizant, Emollient, Pediculicide, Pulicide, Rubefacient, Sedative and Sudorific.

Calamus

CALAMUS is known by the following names: Acore Aromatique - French, Acore Vrai - French, Acoreus Gramineus, Acori Graminae, Acoris - French, Acoro Aromatico - Italian, Acorus, Acorus Calamus, Acorus Gramineus Soland., Agri Turki - Iran, Araceae, Araceae Family, Arum Family, Azakegeri - Turkey, Bach - Bengali, Bach - India, Bhadra - Sanskrit, Bhutanasini - Sanskrit, Bodhaniya - Sanskrit, Calamo Aromatico - Spanish, Calamus, Calmus, Calomo Aromatico - West Germanybavaria, Ch'angp'o - Korean, Chang Pu - China, Chang Pu Chiu - China, Cuckoo Pint - Same Family, Ghorbach - Hindi, Jerangau - Malaysia, Kalmoes - Dutch, Kalmos - Hungary, Kalmus - Danish, Kalmus - German, Kalmus - Swedish, Lords And Ladies - (Cuckoo Pint), Rhizoma Acori Graminei, Shi Chang Pu, Shobu - Japanese, Shui Chang Pu - China, Sweet Flag, Sweet Flag - English, Sweet Flag - New Guinea, Sweet Flag - Yugoslavia, Sweet Flag Root, Sweet Sedge, Sweetflag Rhizome, Ugra - Sanskrit, Vaca - Sanskrit, Vacha, Vacha - India, Vacha - Sanscrit and Vaj - Arabic.

CALAMUS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(10), Stimulant(8), Emetic(7), Tonic(6), Expectorant(4), Nervine(4), Bitter(3), Diuretic(3), Emmenagogue(3), Stomachic(3), Antispasmodic(2), Aperitif(2), Aphrodisiac(2), Aromatic(2), Insecticide(2), Laxative(2) and Vermifuge(2).

CALAMUS is noted to have the following actions and properties: Abortifacient, Acrid Taste, Alexeteric, Anticonvulsive, Antiseptic, Astringent, Ayurvedic, Bitter - Moderately, Bitter Tonic, Cathartic, Cholagogue,

Decongestant, Digestive, Fragrant, Hallucinogenic, Heating, Hemostat, Kapha Soothing, Kapha Soothing In Artava, Kapha Soothing In Majja, Kapha Soothing In Meda, Kapha Soothing In Rasa, Kapha Soothing In Shukra, Kapha Soothing In Sweda, Panacea, Pediculicide, Pungent, Pungent - Post Digest, Refreshing, Rejuvenative, Sattvic, Sedative, Serotonin - Best Source, Sialagogue, Stimulant - Bitter, Stimulant - Central Nerv. Sys., Sudorific, Tonic Bitter, Udana - Stimulates, Vata Soothing, Vata Soothing In Artava, Vata Soothing In Meda, Vata Soothing In Rasa and Warm Energy - Slightly.

Calendula

CALENDULA is known by the following names: Aklelmulk - Pakistan, Atunjaq - Turkey, Calendula, Calendula - Argentina, Calendula - Philippines, Calendula Officinalis, Chin Chan Hua - China, China - Chile, Compositae Family, Daisy Family, Garden Marigold, Kamisha Bahar - Kurdistan, Maravilla - Spain, Mercadela - Mexico, Oqhuwan - Iraq, Qaraqus - Iraq, Tibbi Nergis - Turkey, To-kinsen-ka and Virreina - Uruguay.

CALENDULA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Emmenagogue(4), Stimulant(4), Analgesic(3), Astringent(3), Alterative(2), Bitter(2), Depurative(2), Diaphoretic(2), Diuretic(2) and Vulnerary(2).

CALENDULA is noted to have the following actions and properties: Anthelmintic, Antipyretic, Antispasmodic, Bactericide, Carminative, Cholagogue, Choleric, Cooling, Hemostat, Kapha Soothing, Moving Blood, Neutral Energy, Pitta Soothing, Pro-pitta, Pungent, Pungent - Post Digest, Spicy, Stomachic, Styptic, Sudorific, Tonic and Vermifuge.

California Poppy

CALIFORNIA POPPY is known by the following names: California Poppy, Californian Poppy, Escholzia California, Eschscholzia California, Papaveraceae Family and Poppy Family.

CALIFORNIA POPPY is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Sedative(2).

CALIFORNIA POPPY is noted to have the following actions and properties: Analgesic, Antispasmodic, Bitter, Cool Energy, Febrifuge, Hypnotic and Nervine.

Caltrop

CALTROP is known by the following names: Abrojo - Spain, Byakushitsuri - Japanese, Caltrop, Caltrop Fruit, Chi Li - China, Chih Hsing - China, Fructus Tribuli Terrestris, Gokshura - India, Gotub - Iraq, Hamabisi, Hasach - Iraq, Kon Jarah - Kurdistan, Paekchillyo - Korean, Pai Chi Li - China, Puncture-vine Fruit, Sha Yuan Chi Li - China, Tribulus, Tribulus Terrestris, Tribulus Terrestris L., Tu Chi Li - China, Tzu - China, Zygophallaceae Family and Zygophyllaceae.

CALTROP is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(6), Tonic(5) and Alterative(2).

CALTROP is noted to have the following actions and properties: Abortifacient, Acrid Taste, Anodyne, Antispasmodic, Aperient, Aperitif, Aphrodisiac, Astringent, Bitter, Carminative, Depurative, Digestive, Galactagogue, Refrigerant, Stomachic, Vermifuge and Warm Energy.

Camphor

CAMPHOR is known by the following names: Camphor, Camphora, Camphora Officinarum, Changnoe - Korean, Cinnamomum Camphora, Cinnamum Camphora, Jand, Karpura, Lauraceae, Lauraceae Family and Shono - Japanese.

CAMPHOR is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Analgesic(2), Bitter(2), Diaphoretic(2) and Stimulant(2).

CAMPHOR is noted to have the following actions and properties: Antiseptic, Antispasmodic, Ayurvedic, Bronchial Dilator, Decongestant, Diaphoretic - Stimulating, Expectorant, Heating - Slightly, Kapha Soothing, Nervine, Pungent, Pungent - Post Digest, Rubefacient, Sattvic, Spicy, Vata Soothing and Warm Energy.

Camphor Oil

CAMPHOR OIL is known by the following names: Camphor Oil, Cinnamum Camphora and Lauraceae Family.

CAMPHOR OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antiseptic(3), Stimulant(2) and Vulnerary(2).

CAMPHOR OIL is noted to have the following actions and properties: Analgesic, Anthelmintic, Antidepressant, Antiparasitic, Antispasmodic, Aromatic, Carminative, Cleansing - Skin, Diuretic, Febrifuge, Hot Energy, Hypertension - Lowering, Laxative, Rubefacient, Sedative, Spicy, Stimulant - Circulation, Stimulant - Digestive, Stimulant - Heart, Stimulant - Respiratory, Stimulant - Skin, Sudorific, Tonic - Nervous System, Toxic, Vaso-constrictor - Systemic and Warming.

Capsicum Extract

CAPSICUM EXTRACT is known by the following names: Capsicum Extract.

CAPSICUM EXTRACT is noted to have the following actions and properties: Antispasmodic, Digestant, Expectorant and Stimulant.

Caraway

CARAWAY is known by the following names: Alcaravea - Spain, Caraway, Caraway - Europe, Carrot Family, Carum Carvi, Fructus Carvi, Hime-uikyo, Karamankimyonu - Turkey, Kexbenz - Kurdistan, Krawyah - Iraq, Umbelliferae and Umbelliferae Family.

CARAWAY is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(7), Stimulant(3), Stomachic(3), Diuretic(2), Emmenagogue(2) and Galactagogue(2).

CARAWAY is noted to have the following actions and properties: Antispasmodic, Appetizer, Bactericide, Balsamic, Dampness Resolving, Diaphoretic, Digestive, Expectorant, Fungicide, Heating, Kapha Soothing, Laxative, Pungent, Pungent - Post Digest, Spicy, Tonic, Vata Soothing, Vermifuge and Warm Energy.

Caraway Oil

CARAWAY OIL is known by the following names: Caraway Oil, Carum Carvi and Umbelliferae Family.

CARAWAY OIL is noted to have the following actions and properties: Antispasmodic, Aperitif, Carminative, Diuretic, Emmenagogue, Parasiticide (external Use), Stimulant - Cardiac, Stimulant - Circulatory, Stimulant - Digestive, Stomachic and Vermifuge.

Cardamon

CARDAMON is known by the following names: A. Cardamomum L., A. Xanthioides, Amomum Kravanh Pierre Ex Gagnep., Amomum Villosum Lour., Byakuzuku - Japanese, Cardamom, Cardamon, Cluster, Ela, Elettaria Cardamomum, Elitarria Cardamomum, Fructus Amomi, Fructus Amomi Kravanh, Grains-of-paradise Fruit, Paektugu - Korean, Round Cardamon Fruit, Sa'in - Korean, Sha Ren, Shukusha - Japanese, Zingiberaceae and Zingiberaceae Family.

CARDAMON is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(2), Stomachic(2) and Vata Soothing(2).

CARDAMON is noted to have the following actions and properties: Aperitif, Ayurvedic, Dampness Resolving, Demulcent, Diaphoretic, Digestive, Digestive - Pungent, Expectorant, Heating, Kapha Soothing, Kapha Soothing In Rasa, Pungent, Pungent - Post Digest, Sattvic, Spicy, Stimulant, Sweet, Tonic, Tonic - Strengthening and Warm Energy.

Cardamon Oil

CARDAMON OIL is known by the following names: Cardamom - India, Cardamon Oil, Elettaria Cardamomum, Kakule - Turkey, Krako - Cambodia, Pai Tou Kou - China, Tou Kou - China, Tsao Kuo - China and Zingiberaceae Family.

CARDAMON OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(7), Stimulant(4), Stomachic(3), Antiseptic(2) and Diuretic(2).

CARDAMON OIL is noted to have the following actions and properties: Antidote, Antispasmodic, Aperitif, Aphrodisiac, Balsamic, Cephalic, Digestive and Intoxicant.

Carrot Seed Oil

CARROT SEED OIL is known by the following names: Carrot Seed Oil, Daucus Carota and Umbelliferae Family.

CARROT SEED OIL is noted to have the following actions and properties: Cell Reproduction - Stimulant, Diuretic, Galactagogue, Lymphatic, Nourishing - Skin, Rejuvenating - Skin, Skin Protection, Stimulant - Sebaceous Gland, Styptic, Sweat Gland Stimulation, Tightening - Skin and Tonic - Skin.

Cascara Amarga

CASCARA AMARGA is known by the following names: Aguedita - Dominican Republic, Cascara Amarga, Honduras Tarcini - Turkey, Picramnia Antidesma and Simurubaceae Family.

CASCARA AMARGA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Alterative(2), Bitter(2) and Cholagogue(2).

CASCARA AMARGA is noted to have the following actions and properties: Anthelmintic, Bitter Tonic, Cool Energy, Damp-heat, Depurative, Diaphoretic, Laxative Stimulant, Purgative, Stimulant, Tonic, Tonic - Bitter and Tonic - Colon.

Cascara Bark

CASCARA BARK is known by the following names: Buckthorn Bark (Californian), California Buckthorn, Cascara Bark, Cascara Sagrada, Cascara Sagrada - United States, Chittem Bark, Christ's Thorn, Holy Bark, Kasukarasakurada, Persian Bark, Rhamnaceae, Rhamnaceae Family, Rhamnus Purshiana, Rhamnus Purshianus, Sacred Bark and Sacred Bark.

CASCARA BARK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Laxative(13), Tonic - Bitter(6), Tonic(3), Bitter(2), Bitter Tonic(2) and Emetic(2).

CASCARA BARK is noted to have the following actions and properties: Alterative, Antispasmodic, Aperient, Astringent Action, Bitter Action, Cathartic, Cold Energy, Cooling, Febrifuge, Hepatic, Kapha Soothing, Laxative - Stimulant, Nervine, Pitta Soothing, Pungent - Post Digest, Purgative and Stomachic.

Cassia Fistula

CASSIA FISTULA is known by the following names: Amaltas - Hindi, Amultas - Bengali, Aragvadha, Aragvadha - Sanskrit, Caneficier - French, Casseen Silieue - French, Cassia Fistula, Cassier - French, Caturangula - Sanskrit, Krtamalaka - Sanskrit, Naktamala - Sanskrit, Purging Cassia - English and Recana - Sanskrit.

CASSIA FISTULA is noted to have the following actions and properties: Antipyretic, Carminative - Children, Laxative and Purgative.

Castor Oil

CASTOR OIL is known by the following names: Arand - Hindi, Bherenda - Bengali, Castor Oil, Castor Seeds, Erand, Eranda, Euphorbiaceae Family, Palma Christi - French, Pancangula - Sanskrit, Rand - Hindi, Rendi - Hindi, Ricin - French, Ricinus Communis, Ricinus D'coccus, Rubuka - Sanskrit, Semen Ricini and Vatari -

Sanskrit.

CASTOR OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Demulcent(2) and Vata Soothing(2).

CASTOR OIL is noted to have the following actions and properties: Analgesic, Ayurvedic, Bitter - Sweet, Cathartic, Contraceptive, Digestive - Pungent, Febrifuge, Heating, Laxative, Nervine, Neutral Energy, Pungent, Pungent - Post Digest, Sweet and Toxic.

Cat's Claw

CAT'S CLAW is known by the following names: Cat's Claw, Rubiaceae Family, Una De Gato and Uncaria Tomentosa.

CAT'S CLAW is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Anti-inflammatory(3) and Immunostimulating(2).

CAT'S CLAW is noted to have the following actions and properties: Anticancer, Contraceptive and Diuretic.

Catha

CATHA is known by the following names: Catha, Catha Edulis and Chak - Arabia.

CATHA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Stimulant(3), Narcotic(2) and Stimulant - Central Nerv. Sys.(2).

CATHA is noted to have the following actions and properties: Aphrodisiac, Astringent, Poisonous and Tonic.

Catnip

CATNIP is known by the following names: Cat Wort, Catmint, Catnep, Catnip, Catnip - United States, Catrup, Chi Hsueh Tsao - China, Field Balm, Inu-hakkatikuma-hakka, Labiatae Family, Nebeda - Spain, Nep, Nepata Cataria, Nepeta - Europe, Nepeta Cataria and Yalanci Kediotu - Turkey.

CATNIP is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(13), Diaphoretic(11), Antispasmodic(7), Emmenagogue(7), Tonic(7), Nervine(6), Stimulant(5), Refrigerant(4), Sedative(4), Stomachic(3), Aphrodisiac - In Cats(2) and Sudorific(2).

CATNIP is noted to have the following actions and properties: Analgesic, Antacid, Antipyretic, Aperitive, Aromatic, Bitter, Cool Energy, Cooling, Diffusive, Diuretic, Kapha Soothing, Pectoral, Pitta Soothing, Pungent, Pungent - Post Digest, Relaxant, Soporific and Spicy.

Cayenne Pepper

CAYENNE PEPPER is known by the following names: African Pepper, Bird Pepper, Capsicum, Capsicum

Annum, Capsicum Fastigiatum, Capsicum Frutescens, Capsicum Minimum, Cayenne, Cayenne Capsicum Sp., Cayenne Pepper, Chile - Mexico - Aztec, Chile - New Mexico, Filfil Darah - Iraq, Guinea Pepper, Marichi-phalam, Matichiphalam - India, Paprika - Variant - Milder, Pepperred - India, Pi Po - China, Piment De Cayenne - Gabon, Red Pepper, Sili Biberi - Turkey, Solanaceae Family and Spanish Pepper.

CAYENNE PEPPER is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Stimulant(19), Carminative(10), Rubefacient(8), Tonic(7), Stomachic(5), Antiseptic(4), Antispasmodic(4), Diaphoretic(4), Sialagogue(4), Anticatarrhal(3), Astringent(3), Hemostat(3), Vulnerary(3), Alterative(2), Antibiotic(2), Expectorant(2), Hemostatic(2), Transporter(2) and Vesicant(2).

CAYENNE PEPPER is noted to have the following actions and properties: Agni - Food, Anodyne, Anthelmintic, Antidote, Antipyretic, Aperitive, Aromatic, Ayurvedic, Bitter, Blood Thinner, Cardiovascular Tonic, Condiment, Counterirritant, Digestive, Heating, Hot Energy, Hypertension - Lowering, Hypotensive, Intoxicant, Kapha Soothing, Poisonous, Pro-pitta, Psychedelic, Pungent, Pungent - Post Digest, Rajasic, Spasmolytic, Spicy, Stimulant - Strong, Sudorific, Tonic - General, Vata Soothing and Warms Center.

Ceanothus

CEANOTHUS is known by the following names: Amerikaanse Ceanothus - Dutch, Ceanote - Italian, Ceanothe - French, Ceanothus, Ceanothus Americanus, Ceanothus Sp., Ceanoto - Spanish, New Jersey Tea - United States, Red Root, Redroot - United States, Rhamnaceae Family, Sackelblume - German and Wild Snowball - United States.

CEANOTHUS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(4), Expectorant(4), Sedative(3) and Stimulant(2).

CEANOTHUS is noted to have the following actions and properties: Alterative, Antispasmodic, Antisyphilitic, Astringent Action, Bitter, Cool Energy, Cooling, Hemostat, Hemostatic, Kapha Soothing, Pitta Soothing, Pro-vata, Pungent - Post Digest and Purgative.

Cedarwood Oil

CEDARWOOD OIL is known by the following names: Cedar Oil, Cedarwood Oil, Cedrus Atlantica, Coniferae Family, Juniperus Mexicana, Juniperus Virginiana, Red Cedar - United States and Virjinya Ardici - Turkey.

CEDARWOOD OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antiseptic(4), Diuretic(3), Abortifacient(2) and Astringent(2).

CEDARWOOD OIL is noted to have the following actions and properties: Calming, Emmenagogue, Expectorant, Poisonous, Rejuvenating, Sedative, Soothing - Skin, Stimulant, Stimulating - Skin, Strengthening - Mind & Spirit, Sudorific, Taeniafuge, Warm and Yang.

Celandine - Greater

CELANDINE - GREATER is known by the following names: Celandine - Amerindian, Celandine - Austria, Celandine - Estonia, Celandine - Europe, Celandine - Greater, Celandine - Lithuania, Celandine - Russia, Celandine - United Kingdom, Celandine - United States, Celidonia - Guatemala, Celidonia - Spain, Celidonia - Spain - Balearic, Celidonia - Uruguay, Chelidonium Majus, Greater Celandine, Kelta Ruoho - Finland, Kirlangicotu - Turkey, Kusanowo - Japan, Otompui Kina - Japanainu, Papaveraceae Family, Poppy Family, Schelkraut - Germany and Svalert - Norway.

CELANDINE - GREATER is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(3), Purgative(3), Alterative(2), Anodyne(2), Antispasmodic(2), Cholagogue(2), Diaphoretic(2), Narcotic(2), Poisonous(2) and Sedative(2).

CELANDINE - GREATER is noted to have the following actions and properties: Analgesic, Antiseptic, Bitter, Bitter Tonic, Clearing The Yang, Cold Energy, Depurative, Expectorant, Laxative, Sedative - Mild and Vermifuge.

Celery Seeds

CELERY SEEDS is known by the following names: Ache - French, Ajamoda, Ajmoda, Ajmud - Hindi, Ajwain, Ajwan, Apio - Cuba, Apio - Dominican Republic, Apit Bord - Spain - Balearic, Apium Graveolens, Bishop's Weed, Celeri - Belgium, Celeri - Haiti, Celeri Des Jardins - Haiti, Celeri Marron - Haiti, Celery - New Mexico, Celery Seeds, Chanu - Bengali, Chin - China, Chin Tsai - China, Han Chin - China, Karaja - Arabic, Karawez - Turkey, Kereviz - Turkey, Krafus - Iraq, N.o. Umbelliferae, Omum, Rabano - Dominican Republic, Trachyspermum Ammi, Umbelliferae Family, Wild Cherry Seeds and Wood Marche - United Kingdom.

CELERY SEEDS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(7), Diuretic(7), Stimulant(6), Nervine(4), Tonic(4), Antiseptic(3), Antispasmodic(3), Emmenagogue(3), Stomachic(3), Alterative(2), Pungent(2), Sedative(2) and Vata Soothing(2).

CELERY SEEDS is noted to have the following actions and properties: Acrid Taste, Anodyne, Antiflatulent, Antigalactagogue, Antirheumatic, Aperitif, Aphrodisiac, Aromatic, Ayurvedic, Calmative, Decongestant, Deobstruent, Depurative, Diaphoretic, Digestive, Digestive - Pungent, Expectorant, Heating, Kapha Soothing, Lithotriptic, Pungent - Post Digest, Refrigerant, Resolvent, Spicy, Tonic - Heart, Tonic - Yang, Toxic, Warm Energy and Yang Tonic.

Celosia

CELOSIA is known by the following names: Amaranthaceae, Amaranthaceae Family, Celosia, Celosia Argentea L., Celosia Seeds, Celosiae Argenteae, Celosiae Cristata, Seisoshi - Japanese and Semen Celosiae Argenteae.

CELOSIA is noted to have the following actions and properties: Alterative, Antipitta, Astringent, Blood Purifier, Cool Energy, Ophthalmic, Sweet and Vulnerary.

Centaury

CENTAURY is known by the following names: Centaura Menor - Spain, Centaurium Minus, Centaurium Umbellatum, Centaury, Centaury - American, Centaury - Europe, Centaury - European, Centaury Littoralis - Similar, Centaury Pulchellum - Dwarf Centaury, Erythraea Centaurium, Gentianaceae Family, Kantaron - Turkey, Red Centaury and Sabbatia Angularis.

CENTAURY is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Bitter(3), Febrifuge(3), Cholagogue(2), Stomachic(2) and Tonic(2).

CENTAURY is noted to have the following actions and properties: Antipyretic, Bitter Tonic, Choleric, Clearing The Yang, Cool Energy, Cooling, Depurative, Detergent, Digestive, Emmenagogue, Kapha Soothing, Pitta Soothing, Pungent, Pungent - Post Digest, Tonic - Bitter and Vermifuge.

Chamomile

CHAMOMILE is known by the following names: Alman Papatyasi - Turkey, Amerale - Belgium, Anthemis Floes, Anthemis Nobilis, Anthemis Nobilis, Anthemum Nobilis, Anthemus Nobile, Asteraceae Family, Athemis Nobilis, Babuna, Babunah - Iran, Babunj - Arabic, Babunnej - Iraq, Bayboon - Kurdistan, Camomile - France, Camomile - Germany, Chamomile, Chamomile - Europe, Chamomile - Uk - Wales, Compositae Family, Ground Apple, Kami-ture, Manzanilla - Chile, Manzanilla - Dominican Republic, Manzanilla - Peru, Manzanilla - Spain, Manzanilla Dulce - Dominican Republic, Matricaria Chamomilla, Maythe - United Kingdom, Papatya - Turkey, Roma-kamiture, Rumi Papatya - Turkey, Whig Plant and Whip Plant.

CHAMOMILE is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(16), Antispasmodic(12), Tonic(12), Diaphoretic(9), Emmenagogue(9), Nervine(8), Antiseptic(7), Sedative(7), Stimulant(7), Stomachic(7), Anodyne(6), Antiphlogistic(5), Diuretic(5), Nervine - Sedative(5), Analgesic(3), Bitter(3), Expectorant(3), Sudorific(3), Vermifuge(3) and Antibiotic(2).

CHAMOMILE is noted to have the following actions and properties: Anti-inflammatory, Antidyspeptic, Antifungal, Antipyretic, Aperitive, Aromatic, Blood Pressure - Lowers, Calmative, Cicatrizant, Cooling, Cordial, Depurative, Diaphoretic - Hot, Digestive, Digestive - Pungent, Discussant, Disinfectant, Emetic, Emollient, Kapha Soothing, Neutral Energy, Pitta Soothing, Pungent, Pungent - Post Digest, Sattvic, Spicy, Tonic - Cold, Tonic - Intestinal and Vulnerary.

Chamomile Oil

CHAMOMILE OIL is known by the following names: Anthemis Nobilis, Chamomile Oil, Compositae Family, German Chamomile, Kamai Melon - Greek Term, Matricaria Chamomilla, Maythen - Saxon Term, Mother Herb and Roman Chamomile.

CHAMOMILE OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Analgesic(3), Antispasmodic(3), Antiphlogistic(2), Cholagogue(2), Emmenagogue(2), Febrifuge(2), Nervine(2), Sudorific(2), Tonic(2), Vermifuge(2) and Vulnerary(2).

CHAMOMILE OIL is noted to have the following actions and properties: Anti-inflammatory, Antidepressant, Antiseptic, Bactericidal, Calmative, Calming, Carminative, Cicatrizant, Diaphoretic, Digestive, Diuretic, Hepatic, Hypnotic, Sedative, Splenetic, Stimulant, Stimulant - Digestive, Stomachic, Vasoconstrictor - Local and Yin.

Chaparral

CHAPARRAL is known by the following names: Chaparral, Chaparral - United States, Chaparral Herb, Creosote Bush, Croton Crymbulosus, Dwarf Evergreen Oak, Gobernadora, Gobonadora, Greasewood, Hediondilla, Larrea Divaricata, Larrea Divaricata And Related Species, Larrea Tridentata, Zygophyllacea Family and Zygophyllaceae Family.

CHAPARRAL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(7), Alterative(6), Antiseptic(4), Expectorant(4), Bitter(3), Antibiotic(2), Antioxidant(2) and Tonic(2).

CHAPARRAL is noted to have the following actions and properties: Acrid Taste, Anodyne, Anthelmintic, Antiparasitic, Aperient, Astringent, Blood Purifier, Cleansing, Contraceptive, Cool Energy, Cooling, Depurant, Emetic, Heat Clearing, Kapha Soothing, Parasiticide, Pitta Soothing, Pungent - Post Digest, Salty - Slightly, Tonic - Bitter, Vasodepressant and Vermifuge.

Chavana Prash

CHAVANA PRASH is known by the following names: Chavana Prash.

CHAVANA PRASH is noted to have the following actions and properties: Heating and Rasayan - For All Dhatus.

Chickweed

CHICKWEED is known by the following names: Addeers Mouth, Alsine - Spain, Alsine Media, Caryophyllaceae, Caryophyllaceae Family, Chickenmeat - United Kingdom, Chickweed, Chickweed Herb, Ginsaiko - Japanese, Hashishat Al Qazzaz - Iraq, Radix Stellariae Dichotomae, Satin Flower, Scarwort, Sercedili - Turkey, Silena, Star Chickweed, Starweed, Starweek, Stellaria Dichotoma L. Var. Lanceolata, Stellaria Media, Stellaria Root, Stitchwort, Unsiho - Korean and Winterweed.

CHICKWEED is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Refrigerant(8), Demulcent - Cooling(7), Demulcent(5), Emollient(5), Alterative(4), Expectorant(4), Pectoral(4), Diuretic(3), Mucilaginous(3), Bitter(2), Cooling(2), Discutient(2), Laxative(2) and Nutritive(2).

CHICKWEED is noted to have the following actions and properties: Antipyretic, Antitussive, Breaks Down Fats, Carminative, Cool Energy, Kapha Soothing, Pitta Soothing, Poisonous, Resolvent, Stomachic, Sweet, Sweet - Post Digest, Sweetish and Vulnerary.

Chicory

CHICORY is known by the following names: Chicory, Cichorium Intybus, Compositae Family, Endive and Kasni.

CHICORY is noted to have the following actions and properties: Alterative, Antipyretic, Bitter, Blood Tonic, Cooling, Diuretic, Expectorant, Kapha Soothing, Laxative, Pitta Soothing, Pungent - Post Digest and Stimulant.

Chinchona

CHINCHONA is known by the following names: Chinchona, Cinchona Succirubra, Peruvian Bark, Quinine - A Constituent and Rubiaceae Family.

CHINCHONA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Bitter(2) and Tonic - Bitter(2).

CHINCHONA is noted to have the following actions and properties: Antipyretic, Bitter Tonic, Cooling, Kapha Soothing, Pitta Soothing, Pungent - Post Digest and Stomachic.

Chinese Chive

CHINESE CHIVE is known by the following names: A. Chinensis G. Don, Allium Macrostemon, Allium Macrostemon Bge., Bakeri, Bulb Of Chinese Chive, Bulbus Allii, Chinese Chive, Gaihaku - Japanese, Haebaek - Korean, Liliaceae, Liliaceae Family and Macrostem Onion.

CHINESE CHIVE is noted to have the following actions and properties: Acrid Taste, Bitter, Carminative, Chi Regulating and Warm Energy.

Chitrak

CHITRAK is known by the following names: Agni-shikha, Ceylon Leadwort, Ceylon Leadwort, Chitrak, Chitraka, N.o. Plumbaginaceae, Plumbaginaceae Family, Plumbago Zeylanica, Plumbago Zeylonica and White Leadwort.

CHITRAK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(3), Diaphoretic(3), Kapha Soothing(3), Pungent(3), Vata Soothing(3), Alterative(2), Antiseptic(2) and Stimulant(2).

CHITRAK is noted to have the following actions and properties: Abortifacient, Agni - Kindles, Appetite - Promotes, Astringent, Ayurvedic, Cholagogue, Decongestant, Dhatu Agni - Kindles, Digestion - Increases, Digestive - Pungent, Emmenagogue, Heating, Hypotensive, Stimulant - Central Nerv. Sys., Stomachic, Sudorific, Vesicant and Warm.

Chitrakadi Bati

CHITRAKADI BATI is known by the following names: Chitrak Compound Tablets and Chitrakadi Bati.

CHITRAKADI BATI is noted to have the following actions and properties: Antacid, Carminative and Stomachic.

Christmas Rose

CHRISTMAS ROSE is known by the following names: Beleno Blanco - Spain, Black Hellebore - Europe, Christmas Rose, Eleboro Negro - Spain, Hellebore, Helleborus Niger, Kurisumasu-rozu and Siyah Boynuzotu - Turkey.

CHRISTMAS ROSE is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Cardiotonic(2), Emmenagogue(2) and Poisonous(2).

CHRISTMAS ROSE is noted to have the following actions and properties: Cardiac, Cathartic, Diuretic, Hydragogue, Mydriatic, Narcotic, Nervine and Rodenticide.

Chrysanthemum Flowers

CHRYSANTHEMUM FLOWERS is known by the following names: C. Boreale Mak., C. Iauan, Chrysanthemum Flower, Chrysanthemum Flowers, Chrysanthemum Indicum, Chrysanthemum Morifolium, Chrysanthemum Indicum L., Chrysanthemum Morifolium Ramat, Compositae, Compositae Family, Dendranthema Grandiflora., Flos Chrysanthemi Indici, Flos Chrysanthemi Morifolii, Ju Hua, Kan Chu Hua - China, Kiku, Kikuka - Japanese, Kukhwa - Korean, Nogikuka - Japanese, Sevanti, Wild Chrysanthemum Flower and Yagukhwa - Korean.

CHRYSANTHEMUM FLOWERS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Alterative(2), Antispasmodic(2), Carminative(2) and Sweet(2).

CHRYSANTHEMUM FLOWERS is noted to have the following actions and properties: Alexeteric, Anodyne, Antidiuretic, Antipyretic, Bitter, Bitter - Slightly, Cool - Slightly, Cooling, Diaphoretic, Kapha Soothing, Pitta Soothing, Pungent - Post Digest, Refrigerant, Sedative, Tonic and Yin Tonic.

Cilantro

CILANTRO is known by the following names: Cilantro, Coriandrum Sativum and Dhanyaka.

CILANTRO is noted to have the following actions and properties: Alterative, Antipyretic, Ayurvedic, Bitter, Carminative, Cooling, Decongestant, Digestive - Pungent, Diuretic, Expectorant, Pitta Soothing and Pungent.

Cinchona Bark

CINCHONA BARK is known by the following names: Chin Chi Lo - China, Cinchona Bark, Cinchona Officinalis, Kai Na Phee - China, Kinakina - Turkey, Naap Pi - China, Nah Pi - China, Peruvian Bark - Italy and Rubiaceae Family.

CINCHONA BARK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Tonic(5), Antiseptic(3), Astringent(3) and Antiperiodic(2).

CINCHONA BARK is noted to have the following actions and properties: Anesthetic, Bactericide, Bitter, Bitter Tonic, Clearing The Yang, Cold Energy, Contraceptive, Febrifuge, Insecticide, Schizonticide, Stomachic and Tonic - Uterine.

Cinnabaris

CINNABARIS is known by the following names: Cinnabar, Cinnabaris and Shusha - Japanese.

CINNABARIS is noted to have the following actions and properties: Antibiotic, Antiparasitic, Antispasmodic, Cool Energy, Poisonous, Sedative and Sweet.

Cinnamon Bark

CINNAMON BARK is known by the following names: Cassia - India, Chinese Cassia, Cin Tarcini - Turkey, Cinnamomum Cassia, Cinnamomum Cassia Presl., Cinnamomum Zeylanicum, Cinnamon, Cinnamon - United Kingdom, Cinnamon Bark, Cinnamonum Camphora, Cinnamonum Verum, Cortex Cinnamomi Cassiae, Gudatvak, Gui, Lauraceae, Lauraceae Family, Laurineae Family, Laurus Cinnamomum, Malabathron - Egypt, Nikkei - Japanese, Twak and Yukkye - Korean.

CINNAMON BARK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(10), Stimulant(8), Astringent(7), Stomachic(5), Analgesic(3), Antiseptic(3), Tonic(3), Diaphoretic(2), Fungicide(2), Germicide(2), Heating(2), Kapha Soothing(2), Sweet(2) and Vata Soothing(2).

CINNAMON BARK is noted to have the following actions and properties: Alterative, Antigalactagogue, Antispasmodic, Aperient, Aromatic, Ayurvedic, Bactericide, Balsamic, Demulcent, Digestive - Sweet, Diuretic, Emmenagogue, Expectorant, Febrifuge, Hemostatic, Hot Energy, Hypertension - Lowering, Kapha Soothing In Rasa, Pro-pitta, Pungent, Sattvic, Sedative, Spicy, Sweet - Post Digest, Virucidal, Warming, Warming The Yang and Yang Tonic.

Cinnamon Branch

CINNAMON BRANCH is known by the following names: Cassia Twig, Cinnamomum Cassia Blume, Cinnamon, Cinnamon Branch, Cinnamon Cassia, Cinnamon Twig, Keishi - Japanese, Kyechi - Korean, Lauraceae, Lauraceae Family and Ramulus Cinnamomi Cassiae.

CINNAMON BRANCH is noted to have the following actions and properties: Aromatic, Astringent, Diaphoretic, Pungent, Stimulant, Stomachic, Sweet, Warm Energy and Warming The Surface.

Cinnamon Oil

CINNAMON OIL is known by the following names: Cinnamomum Zeylanicum, Cinnamon Oil and Lauraceae

Family.

CINNAMON OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antiseptic(3), Antispasmodic(2) and Carminative(2).

CINNAMON OIL is noted to have the following actions and properties: Abortifacient - Perhaps, Antibiotic, Antiputrefactive, Antiviral, Aphrodisiac - Mild, Astringent, Astringent - Slightly, Emmenagogue, Hemostatic, Parasiticide (external Use), Stimulant - Cardiac, Stimulant - Circulatory, Stimulant - Digestive, Stimulant - Respiratory, Stomachic, Vermifuge and Warm.

Citronella Oil

CITRONELLA OIL is known by the following names: Citronella Oil, Citronelle - Haiti, Citronnelle - Haiti, Cymbopogon Nardus, Hint Zumbulu - Turkey and Limoncillo - Dominican Republic.

CITRONELLA OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Insecticide(4), Carminative(2), Rubefacient(2), Stimulant(2) and Sudorific(2).

CITRONELLA OIL is noted to have the following actions and properties: Anodyne, Antibacterial, Antiseptic, Deodorant, Diaphoretic, Disinfectant, Fungicidal, Refreshing and Tonic.

Clary Sage Oil

CLARY SAGE OIL is known by the following names: Clary Sage Oil, Labiatae Family, Muscatel Sage and Salvia Sclaria.

CLARY SAGE OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Aphrodisiac(3), Antiseptic(2), Antispasmodic(2), Deodorizing(2), Relaxant(2), Sedative(2) and Stomachic(2).

CLARY SAGE OIL is noted to have the following actions and properties: Anticonvulsive, Antidepressant, Antiphlogistic, Astringent, Balancing, Carminative, Deodorant, Digestive, Emmenagogue, Estrogenic, Euphoriant, Hypotensive, Inspiring, Nervine, Rejuvenating, Stimulant - Digestive, Tonic, Tonic - Menstrual, Tonic - Uterine, Uterine Tonic and Yang.

Cleavers

CLEAVERS is known by the following names: Amor De Hortelano - Spain, Chu Yang Yang - China, Cleavers, Cleavers - Europe, Cleavers Goosegrass - Uk - Wales, Cleever - Australia, Galium Aparine, Gia Mara - Kurdistan, Grateron - France, Hashishat Al Afa - Iraq, Hedge Clivers - United Kingdom, Kaz Yogurtotu - Turkey, Rubiaceae Family and Zhu Yang Yang - China.

CLEAVERS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(6), Alterative(4), Aperient(3) and Astringent(2).

CLEAVERS is noted to have the following actions and properties: Antikapha, Aperitif, Bitter, Bitter - Slightly, Cool Energy, Cooling, Depurative, Febrifuge, Hemostat, Hypertension - Lowering, Kapha Soothing, Permeating Wetness, Pitta Soothing, Pungent - Post Digest, Refrigerant, Sudorific, Tonic and Vulnerary.

Clematis

CLEMATIS is known by the following names: Chinese Clematis, Chinese Clematis Root, Clematis, Clematis Chinensis, Clematis Chinensis Osbeck, Clematis Hexapetala, Clematis Manshurica, Ireisen - Japanese, Powerful Soul Root, Radix Clematidis, Ranunculaceae, Ranunculaceae Family, Temple's Holy Root, Weilingxian and Wojoksum - Korean.

CLEMATIS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Analgesic(2), Antirheumatic(2), Antispasmodic(2), Stimulant(2) and Warm Energy(2).

CLEMATIS is noted to have the following actions and properties: Kapha Soothing, Pain Relief, Pungent, Salty, Spicy and Vata Soothing.

Clove Oil

CLOVE OIL is known by the following names: Clove Oil, Eugenia Caryophyllata, Laung, Myrtaceae Family and Syzygium Aromaticum.

CLOVE OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antiseptic(5), Analgesic(3), Antispasmodic(2), Carminative(2), Stimulant(2) and Stimulant - Mental(2).

CLOVE OIL is noted to have the following actions and properties: Antibiotic, Antineuralgic, Antiviral, Bactericidal, Caustic, Cicatrizant, Insect Repellent, Kapha Soothing In Rasa, Parasiticide, Stomachic, Sweet - Post Digest, Tonic - Uterine, Uterine Tonic - During Labor, Vata Soothing In Rasa and Vermifuge.

Cloves

CLOVES is known by the following names: Caryophyllus Aromaticus, Caryophyllus Aromaticus, Chi She Hsiang - China, Choko - Japanese, Chonghyang - Korean, Clavos, Clove - California, Clove Flower Bud, Cloves, Cloves - Malaya, Ding Xiang, Eugenia Carophyllata, Eugenia Aromatica, Eugenia Caryophyllata, Flos Caryophylli, Girofle - Haiti, Karanfil - Turkey, Lavanga, Mu Ting Hsiang - China, Myrtaceae, Myrtaceae Family, Syzygium Aromaticum, Syzygium Aromaticum (L.) Merr. Et Per, Teng Leong - China, Ting Hsiang - China and Ting Tzu Hsiang - China.

CLOVES is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Stimulant(11), Carminative(9), Analgesic(5), Antiseptic(5), Aromatic(3), Anodyne(2), Antispasmodic(2), Aphrodisiac(2), Astringent(2), Diaphoretic(2), Expectorant(2), Rubefacient(2), Stomachic(2), Tonic(2), Vermifuge(2) and Warming(2).

CLOVES is noted to have the following actions and properties: Anesthetic, Antinauseous, Antioxidant,

Antiperspirant, Ayurvedic, Bactericide, Chi Descending, Deodorant, Digestive, Digestive - Pungent, Disinfectant, Disinfectant - Lymphatics, Germicide, Heating, Kapha Soothing, Pro-pitta, Pungent, Pungent - Post Digest, Rajasic, Spicy, Vata Soothing, Warm Energy, Warming The Yang and Yang Tonic.

Cocklebur

COCKLEBUR is known by the following names: Cadillo - Spain, Ch'angija - Korean, Chuan Erh - China, Cocklebur, Cocklebur Fruit, Compositae Family, Erh Tang - China, Fructus Xanthii Sibirici, Gatico - Dominican Republic, Hsi Erh - China, Kucuk Siracaotu - Turkey, Lizzajj - Iraq, Ona-momi, Sojishi - Japanese, Tsang Erh - China, Tsang Erh Tzu - China, Xanthium, Xanthium Sibiricum Patr. Ex Widd., Xanthium Strumarium and Yang Fu Lai - China.

COCKLEBUR is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(5), Astringent(4), Poisonous(4), Sedative(4), Demulcent(3), Diaphoretic(3), Alterative(2), Analgesic(2), Sialagogue(2), Styptic(2), Sudorific(2) and Tonic(2).

COCKLEBUR is noted to have the following actions and properties: Anodyne, Antibacterial, Antifungal, Antispasmodic, Bactericide, Bitter, Depressant - Central Nerv. Sys, Depurative, Emollient, Febrifuge, Fungicide, Hemostat, Laxative, Refrigerant, Sweet and Warm Energy.

Cod Liver Oil

COD LIVER OIL is known by the following names: Cod Liver Oil.

COD LIVER OIL is noted to have the following actions and properties: Nutritive Yin Tonic and Tonic - Yin.

Codonopsis

CODONOPSIS is known by the following names: Campanulaceae, Campanulaceae Family, Codonopsis, Codonopsis Pilosula, Codonopsis Pilosula (Franch.) Nannf., Codonopsis Root, Dan Shen, Radix Codonopsitis Pilosulae, Tangsam - Korean and Tojin - Japanese.

CODONOPSIS is noted to have the following actions and properties: Bitter - Slightly, Chi Tonic, Demulcent, Kapha, Sweet, Tonic and Warm Energy - Slightly.

Colchicum

COLCHICUM is known by the following names: Autumn Crocus, Cigdem - Turkey, Colchicum, Colchicum - Europe, Colchicum Autumnale, Colquico - Spain, Herbstreitlose - Germany, Meadow Saffron and Meadow Saffron - Europe.

COLCHICUM is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(2) and Poisonous(2).

COLCHICUM is noted to have the following actions and properties: Alterative, Antitumor, Cytostatic, Laxative, Sedative and Sudorific.

Collinsonia

COLLINSONIA is known by the following names: Collinsonia, Collinsonia Canadensis, Kolinsonia - Turkey, Labiatae Family and Stoneroot.

COLLINSONIA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(4), Astringent(2) and Diaphoretic(2).

COLLINSONIA is noted to have the following actions and properties: Alterative, Astringent Action, Bitter, Cooling, Emmenagogue, Kapha Soothing, Moving Blood, Pitta Soothing, Pro-pitta, Pungent - Post Digest, Sedative, Sour, Spicy, Stomachic, Sudorific, Tonic, Tonic - Stimulant and Warm Energy.

Coltsfoot

COLTSFOOT is known by the following names: Asteraceae Family, Coltsfoot, Coltsfoot - Eurasia, Coltsfoot Flower, Compositae, Compositae Family, Daisy Family, Farfara - Spain, Flos Tussilaginis Farfarae, Hukitanpopo, Kantoka - Japanese, Kuan Tung - China, Kwandonghwa - Korean, Oksurukotu - Turkey, To Wu - China, Tusilago - Chile, Tussilago, Tussilago Farfara and Tussilago Farfara L..

COLTSFOOT is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Expectorant(10), Demulcent(9), Antitussive(3), Pectoral(3), Astringent(2), Diuretic(2), Emollient(2) and Sudorific(2).

COLTSFOOT is noted to have the following actions and properties: Anti-inflammatory, Antihistamine, Antispasmodic, Astringent Action, Bactericide, Bitter, Cooling, Kapha Soothing, Mild, Neutral Energy, Pitta Soothing, Pungent, Pungent - Post Digest, Styptic, Sweet, Tonic and Tonic - Mild.

Comfrey Leaf

COMFREY LEAF is known by the following names: Boraginaceae Family, Comfrey, Comfrey Leaf and Symphytum Officinale.

COMFREY LEAF is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Demulcent(2), Expectorant(2), Pitta Soothing(2), Vata Soothing(2) and Vulnerary(2).

COMFREY LEAF is noted to have the following actions and properties: Anti-inflammatory, Antipyretic, Antitussive, Astringent, Astringent (leaves), Astringent Action, Bitter, Cool Energy, Cooling, Digestive - Sweet, Emollient, Hemostatic, Pitta Rasayana, Rasayana - Pitta, Rasayana - Vata, Sweet, Sweet - Post Digest, Sweetish, Tonic - Nutritive, Tonic - Nutritive (root) and Vata Rasayana.

Comfrey Root

COMFREY ROOT is known by the following names: Black Root, Boneset, Borage Family, Boraginaceae Family, Boraginaceae Family, Boraginaceae Family, Borraja - Dominican Republic, Bourrache - Haiti,

Bruisewort, Buyuk Karakafesotu - Turkey, Comfrey, Comfrey - Colorado, Comfrey - Europe, Comfrey Root, Consoude - Haiti, Consound, Consuelda - Spain, Gum Plant, Hirehari-so, Knitback, Knitbone, Liane Chique - Haiti, Nipbone, Slippery Root and Symphytum Officinale.

COMFREY ROOT is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(10), Demulcent(9), Expectorant(8), Cell Proliferant(5), Vulnerary(5), Alterative(3), Mucilaginous(3), Emollient(2), Hemostatic(2), Nutritive Tonic(2), Pectoral(2), Styptic(2) and Sweet(2).

COMFREY ROOT is noted to have the following actions and properties: Analgesic, Antidiarrheic, Bitter, Cicatrizant, Cool Energy, Cooling, Digestive - Sweet, Diuretic, Hemostat, Kapha Soothing, Nutritive, Nutritive Yin Tonic, Sedative, Soothing, Stimulant, Sudorific, Tonic, Tonic - Male Reproduction, Tonic - Nutritive, Vata Soothing and Yin Tonic.

Common Night Shade

COMMON NIGHT SHADE is known by the following names: Amourette - French, Bahuphala - Sanskrit, Black Night Shade, Common Night Shade, Gurkamai - Bengali, Houndsberry, Kabaiya - Hindi, Kak Machi - Bengali, Kaka Maci - Sanskrit, Kakamaci, Mako - Bengali, Makoy, Makoy - Hindi, Manathakkali, Morella Noire - French, Nightshade, Solanum Nigrum and Tulidun - Bengali.

COMMON NIGHT SHADE is noted to have the following actions and properties: Alterative, Anodyne, Anti-inflammatory, Antipyretic, Cardiac Tonic, Carminative, Diaphoretic, Diuretic, Expectorant, Laxative, Sedative, Stomachic and Sudorific.

Condurango Bark

CONDURANGO BARK is known by the following names: Asclepiadaceae Family, Condurango - Ecuador, Condurango Bark, Eagle Vine, Gonolobus Condurango, Marsdenia Condurango, Milkweed Family, Panzehirotu - Turkey, Schwalbenwurz - Germany and Vincetoxicum Officinale - European Var..

CONDURANGO BARK is noted to have the following actions and properties: Bitter, Diuretic, Emetic, Poisonous, Purgative and Sudorific.

Coptis

COPTIS is known by the following names: C. Deltoidea C. Y. Cheng, Coptis, Coptis Chinensis Franch., Coptis Rhizome, Coptis Sp., Hwangnyon - Korean, Oren - Japanese, Ranunculaceae, Ranunculaceae Family and Rhizoma Coptidis.

COPTIS is noted to have the following actions and properties: Alterative, Antipyretic, Bitter, Cooling, Kapha Soothing, Pitta Soothing, Pungent - Post Digest and Tonic - Bitter.

Coriander

CORIANDER is known by the following names: Cilantrico - Dominican Republic, Cilantro - Dominican

Republic, Coriander, Coriander - Egypt, Coriandrum - Europe, Coriandrum Sativum, Culantrico - Dominican Republic, Culantro - Dominican Republic, Culantro - Spain, Dhania, Dhanya - India, Dhanyaka, Hsiang Sui - China, Hu Sui - China, Kisnis - Turkey, Koendoro, Koendoro - Japan, Kozahla - Kurdistan, Kuzbarah - Iraq, Misima-saiko - Japan, Umbelliferae Family, Yan Shi and Yuan Sui - China.

CORIANDER is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(13), Stomachic(6), Diuretic(4), Aphrodisiac(3), Stimulant(3), Aromatic(2), Bitter(2), Emmenagogue(2), Pectoral(2), Sedative(2) and Tonic(2).

CORIANDER is noted to have the following actions and properties: Alexeteric, Alterative, Antidote, Antikapha, Antipyretic, Aperitif, Ayurvedic, Cool (leaves), Cooling, Diaphoretic, Digestive, Diuretic - Mild, Expectorant, Intoxicant, Kapha Soothing, Neutral Energy (seeds), Permeating Wetness, Pitta Soothing, Pitta Soothing In Rasa, Pungent, Pungent - Post Digest, Refrigerant, Spicy and Vata Soothing.

Coriander Oil

CORIANDER OIL is known by the following names: Coriander Oil, Coriandrum Cyminum and Umbelliferae Family.

CORIANDER OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(2).

CORIANDER OIL is noted to have the following actions and properties: Analgesic, Antispasmodic, Aphrodisiac, Estrogenic, Stimulant, Stimulant - Digestive, Stimulant - Mental and Stomachic.

Coriolus Versicolor

CORIOLUS VERSICOLOR is known by the following names: Coriolus Versicolor, Punk Mushroom, Shelf Mushroom and Turkey Tails.

CORIOLUS VERSICOLOR is noted to have the following actions and properties: Antikapha, Neutral Energy, Permeating Wetness and Sweet.

Cornel Fruit

CORNEL FRUIT is known by the following names: Cornel Fruit, Cornus Officialis Sieb Et Zucc, Fructus Corni, N.o. Cornaceae, Shanzhuyu, Sour Mountain Date and Wild Date.

CORNEL FRUIT is noted to have the following actions and properties: Antihypertensive, Antiperspirant, Astringent, Constrictive, Diuretic, Obstructive, Sour, Tonic - Kidney, Tonic - Liver and Warm - Slightly.

Cornsilk

CORNSILK is known by the following names: Corn Silk, Cornsilk, Graminaceae Family, Gramineae, Okmisu - Korean, Stylus Zeae Mays, Zea Mays and Zea Mays L..

CORNSILK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(3), Alterative(2) and Demulcent(2).

CORNSILK is noted to have the following actions and properties: Cooling, Kapha Soothing, Lithotriptic, Mucilaginous, Pitta Soothing, Pungent - Post Digest, Soothing, Stimulant - Mild and Sweet.

Corydalis

CORYDALIS is known by the following names: Corydalis, Corydalis Formosa Et Species, Corydalis Rhizome, Corydalis Yanhusuo W. T. Wang., Papaveaceae Family, Papaveraceae, Rhizoma Corydalis Yanhusuo, Turkey Corn and Yonhosaek - Korean.

CORYDALIS is noted to have the following actions and properties: Acrid Taste, Analgesic, Antispasmodic, Bitter, Diuretic, Emmenagogue, Moving Blood, Pro-pitta, Tonic - Bitter and Warm Energy.

Costmary

COSTMARY is known by the following names: Alecost - English, Balsamite - French, Chrysanthemum Balsamita, Compositae Family, Costmary, Costmary - English, Costum - Europe, Erba Costa - Italian, Frauenblatt - German, Garten Rainfarn - German, Menthe Coq - French, Tanaceto - Portuguese, Tanaceto - Spanish and Tuinbalsem - Dutch.

COSTMARY is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(2).

COSTMARY is noted to have the following actions and properties: Aromatic, Cholagogue, Diaphoretic, Diuretic, Emmenagogue, Expectorant, Pectoral, Spicy, Stomachic, Vermifuge, Vulnerary and Warm Energy.

Cotton Root

COTTON ROOT is known by the following names: Algodoeiro - Brazil, Algodonero - Spain, Cotonnier Blanc - Haiti, Cotton Herbace - French Guiana, Cotton Root, Gossypium Herbaceum, Ku Chung - China, Ku Pei - China, Loka - Kurdistan, Malvaceae Family, Mu Mieng - China, Pamu - Kurdistan, Pamuk - Turkey, Qoten - Iraq and Tsao Mien - China.

COTTON ROOT is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Emmenagogue(7), Aphrodisiac(3), Galactagogue(3), Abortifacient(2), Demulcent(2), Expectorant(2) and Oxytotic(2).

COTTON ROOT is noted to have the following actions and properties: Absorbant, Antiseptic, Emollient, Heating, Hemostat, Laxative, Nervine, Sour, Sweet, Sweet - Post Digest, Sweetish, Tonic - Nutritive, Tonic - Yang, Vasoconstrictor, Vata Soothing, Vulnerary, Warm Energy and Yang Tonic.

Couchgrass

COUCHGRASS is known by the following names: Agropyron Repens, Agropyrum Repens, Ayrik - Turkey,

Couch Grass, Couchgrass, Dog Grass, Echte Quecke - German, Grama - Chile, Grama Del Norte - Spanish, Gramigna - Italian, Gramigua - Italy, Graminaceae Family, Gramineae Family, Grass, Grass Root, Groesrod - Danish, Hs Hsu Tsao - China, Hu Hsu Tsao - China, Joula - Finland, Juncus Effusus - Equivalent Herb, Kweek - Dutch, Najm - Iraq, Nejlil - Iraq, Pied De Poule - French, Quack Grass - United States, Quackgrass, Quickgrass, Saz - Turkey, Teng Hsin Tsao - China, Triticum and Triticum Repens.

COUCHGRASS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(11), Demulcent(6), Depurative(4), Emollient(3), Discutient(2), Pectoral(2) and Sudorific(2).

COUCHGRASS is noted to have the following actions and properties: Antikapha, Antiphlogistic, Aperient, Aperient - Mild, Astringent, Cool, Diuretic - Mild, Lenitive, Litholytic, Lithotriptic, Nervine, Permeating Wetness, Sedative and Sweet.

Couterea

COUTEREA is known by the following names: Couterea, Couteria Latifolia and Rubiaceae Family.

COUTEREA is noted to have the following actions and properties: Antidiabetic, Bitter Taste and Hypotensive.

Crampbark

CRAMPBARK is known by the following names: Caprifoliaceae Family, Cramp Bark, Crampbark, Cranberry - United States, Cranberry Tree - Amerindian, Guelder Rose, High Cranberry, High Bush Cranberry, Hsueh Chiu - China, Kalina, Kartopu - Turkey, Snowball Tree, Squaw Bush, Viburnum and Viburnum Opulus.

CRAMPBARK is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Antispasmodic(6), Diuretic(5), Emmenagogue(5), Nervine(5), Astringent(4), Anti-abortion(3), Emetic(2) and Tonic(2).

CRAMPBARK is noted to have the following actions and properties: Astringent Action, Bitter, Heating, Kapha Soothing, Pungent - Post Digest, Purgative, Sedative and Vata Soothing.

Cranberry (Nw)

CRANBERRY (NW) is known by the following names: Cranberry (Nw) and Cranberry U.t. (Mpi).

CRANBERRY (NW) is noted to have the following actions and properties: Bacteriostat - Potent.

Cranberry U.T. (Mpi)

CRANBERRY U.T. (MPI) is known by the following names: Cranberry (Nw) and Cranberry U.t. (Mpi).

CRANBERRY U.T. (MPI) is noted to have the following actions and properties: Bacteriostat - Potent.

Cranesbill

CRANESBILL is known by the following names: Benekli Turnagagasi - Turkey, Cranesbill, Cranesbill - United States, Crowfoot, Geraniaceae Family, Geranium Maculatum, Storkbill, Wild Alum Root and Wild Geranium.

CRANESBILL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(6), Styptic(4), Tonic(4), Diuretic(2), Hemostat(2) and Vulnerary(2).

CRANESBILL is noted to have the following actions and properties: Astringent Action, Bitter, Cooling, Kapha Soothing, Neutral Energy, Pitta Soothing, Pro-vata and Pungent - Post Digest.

Croton Oil

CROTON OIL is known by the following names: Croton Oil, Croton Seed, Croton Tiglium, Croton Tiglium L., Euphorbiaceae, Euphorbiaceae Family, Hazu, Kroton Agaci - Turkey, Pa Tou - China, Padu - Korean, Semen Croton Tiglii and Semen Crotonis.

CROTON OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Poisonous(5), Purgative(5), Piscicide - Toxic To Fish(3) and Cathartic(2).

CROTON OIL is noted to have the following actions and properties: Coldness, Diaphoretic, Drastic Purgative, Emetic, Emmenagogue, Hot, Insecticide, Pungent, Regulates Water Metabolism, Relieves Food Stagnation, Rubefacient, Spicy, Toxic and Vesicant.

Cubeb

CUBEB is known by the following names: Chieh Tzu - China, Cubeb, Cubeb - Europe, Cubeb - Malaya, Cubeb, Kubabe - Turkey, Pi Ling - China, Piper Cubeba and Piperaceae Family.

CUBEB is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(6), Antiseptic(5), Diuretic(5), Expectorant(5) and Stimulant(5).

CUBEB is noted to have the following actions and properties: Aphrodisiac, Bactericide, Heating, Kapha Soothing, Pungent, Pungent - Post Digest, Sedative, Spicy, Stomachic, Tonic - Yang, Vata Soothing, Virucidal, Warm Energy and Yang Tonic.

Culver's Root

CULVER'S ROOT is known by the following names: Black Root, Culver's Root, Laptandra Virginica, Leptandra Virginica, Scrophularineae Family and Scrophylariaceae Family.

CULVER'S ROOT is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Bitter(2).

CULVER'S ROOT is noted to have the following actions and properties: Alterative, Bitter Tonic, Cathartic,

Cholagogue, Clearing The Yang, Cold Energy, Cooling, Febrifuge, Kapha Soothing, Laxative, Pitta Soothing, Pungent - Post Digest and Tonic - Bitter.

Cumin

CUMIN is known by the following names: Ajaji - India, Comino - Spain, Cumin, Cumin - Europe, Cuminum Cyminum, Cummin - Uk - Wales, Kammun - Iraq, Kimyon - Turkey and Umbelliferae Family.

CUMIN is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(4), Stimulant(4), Stomachic(3), Antispasmodic(2) and Bitter(2).

CUMIN is noted to have the following actions and properties: Alterative, Anthelmintic, Antiemetic, Antipyretic, Antiseptic, Astringent, Ayurvedic, Chi Regulating, Cooling, Digestive, Diuretic, Emmenagogue, Galactagogue, Hemostat, Kapha Soothing, Pitta Soothing, Pitta Soothing In Rasa, Pungent, Pungent - Post Digest, Sedative, Spicy, Sudorific, Tonic, Vata Soothing, Warm Energy and Yang - Stimulant.

Cumin Oil

CUMIN OIL is known by the following names: Cumin Oil, Cuminum Cyminum and Umbelliferae Family.

CUMIN OIL is noted to have the following actions and properties: Antiseptic, Antispasmodic, Aphrodisiac, Carminative, Stimulant and Stimulant - Digestive.

Curry Leaves

CURRY LEAVES is known by the following names: Curry Leaves, Curry Patta and *Murraya Koenigi*.

CURRY LEAVES is noted to have the following actions and properties: Laxative, Stomachic and Tonic - Herbal.

Cyperus

CYPERUS is known by the following names: Abda - Sanskrit, Abu Agni, Bhadra Musta - Sanskrit, Cyperaceae, Cyperaceae Family, Cyperus, Cyperus Rotundus, Cyperus Species, Hyangbu - Korean, Indian Cyperus - English, Motha, Musta, Mustaka, Mutha - Bengali, Nagar Motha - Hindi, Nut-grass Rhizome, Nutgrass, Rhizoma Cyperi Rotundi, Rotundus L., Sedge Root, Souchet Rond - French, Varida - Sanskrit and Xiang Fu.

CYPERUS is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(3), Anthelmintic(2), Antispasmodic(2), Astringent(2), Bitter(2), Emmenagogue(2) and Stimulant(2).

CYPERUS is noted to have the following actions and properties: Alterative, Analgesic, Antiparasitic, Chi Regulating, Cooling, Demulcent, Diaphoretic, Diuretic, Kapha Soothing, Muscle Relaxant, Parasiticide, Pitta Soothing, Pungent, Pungent - Post Digest, Spicy, Stomachic, Sweet, Tonic, Tranquilizer, Vermifuge and Warm Energy - Slightly.

Cypress Oil

CYPRESS OIL is known by the following names: Cipres - Spain, Cipreste - Portugal, Coniferae Family, Cupressus Sempervirens, Cypress - Europe, Cypress Oil and Selvi - Turkey.

CYPRESS OIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(8), Antiseptic(4), Antispasmodic(3), Vasoconstrictor(3), Antisudorific(2), Deodorizing(2), Diuretic(2), Expectorant(2) and Styptic(2).

CYPRESS OIL is noted to have the following actions and properties: Deodorant, Deodorant - Feet, Hepatic, Hormone Regulator - Female, Pectoral, Sedative, Sudorific, Tonic - Venous, Vasoconstricting, Vasoconstrictor - Local, Vermifuge, Vulnerary and Yang.

Daffodil

DAFFODIL is known by the following names: Amaryllidaceae Family, Daffodil, Daffodil - United Kingdom, Lis - France, Narciso - Spain, Narcissus - Europe, Narcissus Pseudo-narcissus, Nergis - Turkey and Nirjes - Iraq.

DAFFODIL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(2) and Poisonous(2).

DAFFODIL is noted to have the following actions and properties: Bitter, Depurative, Emetic, Emmenagogue, Hot Energy, Narcotic, Purgative and Spicy.

Damiana

DAMIANA is known by the following names: Damiana, Turnera Aphrodisiaca, Turnera Aphrodisiaca And T. Diffusa, Turneraceae and Turneraceae Family.

DAMIANA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Aphrodisiac(9), Diuretic(5), Tonic(5), Stimulant(4), Laxative(3), Kapha Soothing(2) and Purgative(2).

DAMIANA is noted to have the following actions and properties: Antidepressant, Antiseptic - Urinary, Aperient, Aromatic, Bitter, Digestive - Pungent, Heating, Hormonal, Laxative - Mild, Nervine, Pungent, Pungent - Post Digest, Spicy, Tonic - Yang, Tranquilizer, Vata Soothing, Warm Energy and Yang Tonic.

Dandelion Root

DANDELION ROOT is known by the following names: Asian Dandelion, Asteraceae Family, Chiang Nou Tsao - China, Chin Tsan Tsao - China, Cichoroideae Family Of Compositae, Compositae, Compositae Family, Daisy Family, Dandelion, Dandelion - Uk - Wales, Dandelion - United Kingdom, Dandelion - United States, Dandelion Leaf, Dandelion Root, Diente De Leon - Spain, Fisherman's Herb, Herba Taraxaci, Herba Taraxaci Mongolici, Hindiba Berri - Iraq, Hokoei - Japanese, Huang Hua Ti Ting - China, Kara Hindiba - Turkey, Khas

Berri - Iraq, Kou Ju Tsao - China, Leontodon Taraxacum, Maitiainen - Finland, Pissenlit - France, Po Kung Ying - China, Priest's Crown, Priest's Crown, Pu Gong Ying, Pu Kung Ying - China, Seiyo-tanpopo, Swine's Snout, Taraxacum Heterolepis Olepis, Taraxacum Mongolicum, Taraxacum Mongolicum Hand.-mazz., Taraxacum Officinale, Taraxacum Officinalis, Taraxacum Sinicum and Yellow-flowered One-leg Herb.

DANDELION ROOT is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(16), Tonic(14), Cholagogue(10), Alterative(8), Stomachic(8), Aperient(5), Bitter(5), Laxative(5), Galactagogue(4), Hepatic(4), Depurative(3), Intoxicant(3), Lithotriptic(3), Nutritive(3), Astringent(2), Blood Purifier(2), Liver Tonic(2), Stimulant(2) and Sweet(2).

DANDELION ROOT is noted to have the following actions and properties: Antacid, Antibacterial, Antibiotic, Antikapha, Antirheumatic, Aperitif, Bactericide, Bile Stimulant, Bitter - Mild, Calcium Solvent, Cool Energy, Cooling, Deabstruent, Heat - Reduces Excess, Heat Clearing, Kapha Soothing, Permeating Wetness, Pitta Soothing, Pungent, Swelling - Reducing, Tonic - Bitter and Tonic - Liver.

Dash Mool

DASH MOOL is known by the following names: Dasa-mula, Dasamul, Dash Mool, Dash Moola, Dashmoola and Ten Roots.

DASH MOOL is noted to have the following actions and properties: Ama - Reduces, Aphrodisiac, Basti - Vata, Heating, Lymph Drainage, Nourishing, Vata In Majja Dhatu and Vata Soothing.

Datura

DATURA is known by the following names: Buenas Tardes - Dominican Republic, Chamico - Dominican Republic, Chamisco - Dominican Republic, Cocombre Zombie - Haiti, Cojon De Diablo - Peru, Concombres Zombi - Haiti, Concombres Zombi - Haiti, Cornicopio - Dominican Republic, Datura, Datura Stramonium, Daturah - Iraq, Doornappelkruid - Dutch, Estramoni - Spain - Balearic, Estramonio - Spain, Feng Chieh Erh - China, Figuero Do Inferno - Portuguese, Floribunda - Dominican Republic, Galurt - Danish, Gemeiner Stechapfel - German, Jimson - United States, Jimson Weed, Jimsonweed, Jimsonweed - United States, Nafeer - Iraq, Nightshade Family, Noce Del Diavolo - Italian, Nongue - Venezuela, Opium Tropical - Haiti, Pomme Epineuse - France, Pomme Epineuse - Haiti, Pomme Poison - Haiti, Solanaceae Family, Stinkblaren - South Africa, Stramoine - French, Tapate - Costa Rica and Thornapple.

DATURA is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Narcotic(9), Sedative(7), Anodyne(6), Antispasmodic(6), Poisonous(6), Hallucinogenic(4), Hypnotic(3), Anesthetic(2) and Mydriatic(2).

DATURA is noted to have the following actions and properties: Aphrodisiac, Bitter, Demulcent, Diuretic, Expectorant, Fungicide, Intoxicant, Nervine, Psychedelic, Toxic - Very, Vermifuge and Warm Energy.

Deadnettle

DEADNETTLE is known by the following names: Beyaz Ballibaba - Turkey, Deadnettle, Deadnettle - Europe,

Hsu Tuan - China, Labiate Family, Lamium Album and Ortiga Muerta - Spain.

DEADNETTLE is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Astringent(2), Depurative(2) and Hemostat(2).

DEADNETTLE is noted to have the following actions and properties: Cholagogue, Diuretic, Hypnotic, Pectoral, Resolvent, Sedative, Tonic, Tonic - Uterine and Vulnerary.

Delphinium

DELPHINIUM is known by the following names: Consolida Regalis, Delphinium, Larkspur and Ranunculaceae Family.

DELPHINIUM is noted to have the following actions and properties: Bitter, Hot Energy, Parasiticide, Poisonous and Spicy.

Devil's Claw

DEVIL'S CLAW is known by the following names: Devil's Claw, Grapple Plant, Grappleplant - South Africa, Harpagophytum Procumbens, Pedaliaceae Family, Pedeliaceae Family and Teufelskralle - German Name.

DEVIL'S CLAW is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Bitter(4), Analgesic(3), Anti-inflammatory(2) and Antirheumatic(2).

DEVIL'S CLAW is noted to have the following actions and properties: Alterative, Anti-arthritis, Antiphlogistic, Astringent, Bitter Tonic, Cholagogue, Cool Energy, Cooling, Kapha Soothing, Pitta Soothing, Pungent - Post Digest and Purgative.

Devil's Club

DEVIL'S CLUB is known by the following names: Devil's Club and Oplopanax Horridum.

DEVIL'S CLUB is noted to have the following actions and properties: Anodyne, Counterirritant, Kapha, Laxative, Nutritive Yin Tonic, Poisonous, Tonic and Tonic - Blood.

Dikamali

DIKAMALI is known by the following names: Dikamali, Gardenia Campanulata, Gardenia Florida, Gardenia Gummifera and N.o. Rubiaceae.

DIKAMALI is noted to have the following actions and properties: Alterative, Anthelmintic, Antiperiodic, Antiseptic, Antispasmodic, Ayurvedic, Bitter, Cathartic, Cooling, Pitta Soothing, Spleen - Reduces and Stimulant - External.

Dill

DILL is known by the following names: Anethum Graveolens, Baston Do Diale - Belgium, Catahva - India, Datli Boyana - Turkey, Dereotu - Turkey, Dill, Eneldo, Eneldo - Peru, Eneldo - Spain, Habbat Helwah - Iraq, Hinojo - Dominican Republic, Inojo - Dominican Republic, Inondo, Sadhab Al Barr - Iraq and Umbelliferae Family.

DILL is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Carminative(8), Stimulant(4), Diuretic(3), Galactagogue(3), Stomachic(3) and Sedative(2).

DILL is noted to have the following actions and properties: Alterative, Antispasmodic, Balsamic, Bitter, Calmative, Cooling, Dampness Resolving, Detergent, Digestive, Emmenagogue, Expectorant, Kapha Soothing, Laxative, Narcotic, Pitta Soothing, Psychedelic, Pungent, Pungent - Post Digest, Resolvent, Spicy and Warm Energy.

Dill Oil

DILL OIL is known by the following names: Anethum Graveolens, Dill Oil and Umbelliferae Family.

DILL OIL is noted to have the following actions and properties: Antispasmodic, Calming, Carminative, Galactagogue and Stimulant - Digestive.

Dioscorea

DIOSCOREA is known by the following names: Bulbifera L., Chinese Yam, Dioscorea, Dioscorea Batata Et Japonica, Dioscorea Bulbifera Tuber, Dioscoreaceae, Dioscoreaceae Family, Oyakushi - Japanese, Radix Dioscoreae Oppositae Botanical, Sanyak - Korean and Tuber Dioscoreae Bulbiferae.

DIOSCOREA is noted to have the following actions and properties: Chi Tonic, Demulcent, Digestant, Kapha, Neutral Energy, Nutrient, Sweet and Tonic.

Dioscoreophyllum

DIOSCOREOPHYLLUM is known by the following names: Dioscoreophyllum and Dioscoreophyllum Cumminsii.

DIOSCOREOPHYLLUM is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Sweetener(2).

Dodder Seeds

DODDER SEEDS is known by the following names: Chinese Dodder Seeds, Cinsaci - Turkey, Convulvulaceae Family, Cuscuta, Cuscuta Chinensis Lam., Cuscuta Europaea Or Japonica, Dodder Seeds, Semen Cuscutae Chinensis, T'osacha - Korean and Toshishi - Japanese.

DODDER SEEDS is most often noted as having the following actions and properties. The number in parenthesis

shows how many authors agree: Aperient(2), Demulcent(2) and Diuretic(2).

DODDER SEEDS is noted to have the following actions and properties: Alterative, Anodyne, Aperitif, Aphrodisiac, Carminative, Cholagogue, Depurative, Neutral Energy, Pleasant Taste, Stimulant, Sudorific, Tonic, Tonic - Yang and Yang Tonic.

Dong Quai

DONG QUAI is known by the following names: *Angelica Acutiloba*, *Angelica Polymorpha*, *Angelica Sinensis*, *Angelica Sinensis* (Oliv.) Diels, *Angelica Sinensis/A. Polymorpha*, *Aralia Edulis*, Chinese Angelica Root, Dan Gui - China, Dang Quai, Dong Quai, Tang Kwei, Tang Kuei, Tang Kuei - China, Tang-kuei, Tanggwi - Korean, Toki - Japan, Umbelliferae and Umbelliferae Family.

DONG QUAI is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Emmenagogue(4), Diuretic(3), Sedative(3), Tonic(3), Tonic - Uterine(3), Alterative(2), Analgesic(2) and Antispasmodic(2).

DONG QUAI is noted to have the following actions and properties: Acrid Taste, Anodyne, Aperient, Bitter, Blood Tonic, Demulcent, Deobstruent, Depurant, Estrogenic, Hematinic, Hematonic, Hormonal - Female, Laxative, Laxative - Lubricating, Nervine, Oxytotic, Stimulant, Sweet, Tonic - Blood, Tranquilizer, Virucidal, Vulnerary and Warm Energy.

Dragon's Blood

DRAGON'S BLOOD is known by the following names: *Daemomorops Draco*, Dragon's Blood and *Palmae* Family.

DRAGON'S BLOOD is noted to have the following actions and properties: Neutral Energy, Pleasant Taste and Salty.

Duckweed

DUCKWEED is known by the following names: Duckweed, Duckweed (L. Minor), Fuhei - Japanese, *Herba Lemnae Seu Spirodela*, *Lemna Minor* L., Lemnaceae, Lemnaceae Family, Spirodela, Spirodela Polyrhiza, Spirodela Polyrhiza Schield. and Uki-kusa.

DUCKWEED is most often noted as having the following actions and properties. The number in parenthesis shows how many authors agree: Diuretic(3) and Diaphoretic(2).

DUCKWEED is noted to have the following actions and properties: Acrid Taste, Alterative, Carminative, Cold Energy and Tonic.

Dwarf Bamboo

DWARF BAMBOO is known by the following names: Dwarf Bamboo, Graminaceae Family, Gramineae, *Herba Lophatheri Gracilis*, Lophatheri, Lophatheri Gracilis, Lophatherum Gracile Brongn., Lophatherum

Stem And Leaves and Tanchikuyo - Japanese.

DWARF BAMBOO is noted to have the following actions and properties: Alterative, Antipitta, Antipyretic, Bland, Blood Purifier, Cool Energy, Diuretic and Sweet.

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